

Shiva Shambo and God is greater than any problem

Yesterday we were at a funeral. It was a beautiful funeral, imbued with good thoughts and wishes from the closest family and the pastor. We were able to support the ceremony with 'lightful' music to honor the proceeding soul in a happy way. The body of this soul was dropped surprisingly fast and it was clear how hard it was for some people to catch up with new reality, but there were also some who seemed to be permeable and deal with it in ease. It was amazing to perceive these different people. Some felt total heavy, full and packed and the others in the truest sense of the words 'light as a feather'. Really interesting mourners came together here!

What is the secret of lightweight feathers? Unfortunately, I wasn't able to ask them, but in their eyes was consistently a sparkle, something like a rogue who can see behind things, making them easy.

That is to me again and again the secret of the transforming power of Bhajans, too: We shift the focus away from problems to the actual all underlying energy of serenity, joy and trust in God, whatever that means for each individually. Our Bible says also: Become again like the children! - This is wonderful and for most not easy. Nevertheless, it is absolutely worth it to find the key again for ourselves! If we however raise our energy, we rid ourselves of old beaten ways of looking at our problems and a NEW and often surprising look at the same problems helps us to solve them with fresh energy. Often seemingly big problems are simply insignificant because they have suddenly lost their weight. The secret here is really that we refresh our somehow been shut down energy level! Let's be creative to come up with something!

Shambo Shiva (# 89 in Shiva Sai Mandir Bhajanbook) is such a simple Bhajan, which again and again surprises me by its energy-transforming effect. The result is always, especially if you sing in a group, more and more ease and joy in the room. Since it is only two lines and you find only three words in it, just a manageable thing that's worth it!

Shiva - we connect with an infinite energy resource that can do possibly everything, we call upon the Lord of life and death and a 100% pure loving heart. And much more.

Shambo - one of many names of Shiva. All describe a particular characteristic of his varied forms of expression. As Shambo Shiva brings joy, happiness and the easiness of being. He is the source of all good.

Mahadeva - in India you can see in movies how Mahadeva looks like ... a huge beautiful divine form, where everything is possible. Something like a romantic superhero - bright and wonderful. As long as we can see a Mahadeva only outside, we are still quite poor. When Mahadeva enters our live as the real force that it actually is, radiant and powerful, and becomes meaningful again to us, we're rich!



When our credo becomes ... GOD IS GREATER THAN ANY PROBLEM ... we are free! Sabeenamayi