



## Shiva Sai Mandir Music

### We-consciousness, smile and the essence of a Guru (2)

When I was a child I often admired the large poster in the room of my very big brother, who was already very active in the church movement. There were many cartoon images with the heading "Everything has its own time". So you could see many different situations, such as "there is a time to be loud and there is a time to be still" – "there is a time to cry and there is a time to laugh" ... (excerpt from: THE PREACHER SOLOMON (Ecclesiastes); 3.1 to 17)

Everything has its time and space. So it has its time to look deep inside ourselves for unity with the divine and it 's a time to turn to one or very many important people in our lives . Swami Kaleshwar has taught us that, in all clarity: An awareness of our own divinity is the prerequisite for all our actions in this world and it increases all the more, the more we develop a 'we-consciousness'. He called it the ,Protection Circles' of a group.

This whole process is really exciting. We can experience the true power of WE only when we first make our own small and sometimes very large homework and sink our own anchor in the great ocean of divinity. This means some cleaning cycles in the great heavenly washing machine, even so it often feels very earthly. In all of these ongoing washing programs it is so important that we celebrate this WE again and again in a nourishing way. This can also apply simple "We-moments" like: Calling a friend, expressing a thanks and / or recognition of something truly felt so, giving a smile. We are all each other a mirror! It is time that we move into the phase of the relaxed smile. This happened to Buddha and probably also with this attitude he has moved a lot!

To lead us to this point of serenity is also the essence of a guru. He wants to free us from everything. This is no easy task, as we with all our strength hold on to our beloved blockages and our own little view of life – in short: our ,factory settings'. But if we remain vigilant we receive each day new 'mirror messages'. With the return link to our core, we learn more and more liberation and the Buddha smile is spreading.

If we after many years for the umpteenth time sing ,Jay Sai Natha Saguru' (No. 134 ) it can happen, that a very wide smile spreads on our face when we sing simply 'Jay'. Here we can immediately dive in the assurance that everything is taken care! Our Sadguru, our most intimate friend and teacher, mother and father, who knows us through and through, better than we do ourselves, is waiting. He is there for us and waits. He knows the way and already has the solution and still he waits – patiently until we have reached the next level. Alone this ability is yet truly divine, right? Who of us could be able to observe in all these foresight patience all our entanglements and – wait ... until we are ready – for the next round?

Shirdi Baba carried definitely a WE-awareness of the highest form, when he often repeated : " Aham Brahmasmi " – ( I – aham , am – asmi , Brahma ). A mantra from the Upanishads with no less importance than "the core of my being is the ultimate reality, the root and ground of the universe, the source of all that exists".

Swami Kaleshwar mentioned the same in his own words:

"I'll be with you no matter what. I'll be with you no matter what. I will be with you no matter what! In any circumstances, any painful time, hard time, happy moments, any moment, the Guru Parampara is with you. I am the nature, no separation. I know exactly how you feel. I am the Mother. I am the heartbeat of creation. I command on the nature – No – I am the nature, the trees, the wind, the sun – everything. Wherever you are, I am there. Wherever you go, I will be there. Trust me. I am your shadow. I know to take care and protect. I will protect you forever and ever."

We sing bhajans to beings with such a truly divine consciousness – that is wonderful and powerful and life-changing.

Thank you.

Sabeenamayi